MEDICATION POLICY

Generic Name: Dextromethorphan/Quinidine

Therapeutic Class or Brand Name: Nuedexta®

Applicable Drugs (if Therapeutic Class)**:** N/A

Date of Origin: 12/5/16 **Date Last Reviewed/Revised:** 1/16/18

GPI Code: 6260990230

Prior Authorization Criteria (may be considered medically necessary when criteria I through VI are met):

I. Documented diagnosis of pseudobulbar affect (PBA).

II. Documented baseline score of at least 13 on the Center for Neurologic Studies-Lability Scale (CNS-LS).

III. Documented diagnosis of a neurologic disease or brain injury (i.e. traumatic brain injury, stroke, dementia, multiple sclerosis, amyotrophic lateral sclerosis (ALS), Parkinson's disease, etc.).

IV. History of treatment failure, intolerance, or contraindication with at least one tricyclic antidepressant (TCA) AND one selective serotonin reuptake inhibitor (SSRI).

V. Minimum age requirement: 18 years old.

VI. Prescriber must be a neurologist or psychiatrist.

Exclusion Criteria:

- Concomitant use with quinidine, quinine, or mefloquine.
- Patients with a history of quinidine, quinine, or mefloquine-induced thrombocytopenia, hepatitis, or other hypersensitivity reactions.
- Patients with known hypersensitivity to dextromethorphan.
- Use with an MAOI or within 14 days of stopping an MAOI.
- Prolonged QT interval, congenital long QT syndrome, history suggestive of torsades de pointes, or heart failure.
- Complete atrioventricular (AV) block without implanted pacemaker, or patients at high risk of complete AV block.
- Concomitant use with drugs that both prolong QT interval and are metabolized by CYP2D6 (i.e. thioridazine or pimozide).

MEDICATION POLICY

Other Criteria:

- N/A

Quantity/Days Supply Restrictions:

- 60 capsules per 30 days.

Approval Length:

- **Authorization:** 6 months.
- **Re-Authorization:** 1 year. An updated letter of medical necessity or progress notes showing current medical necessity criteria are met and that the medication is effective as documented by a decline in score from baseline on the CNS-LS.

Appendix:

N/A

References:

1. https://www.nuedexta.com/sites/www.nuedexta.com/files/pdf/Prescribing_Information.pdf.
2. https://www.ncbi.nlm.nih.gov/pubmed/20839238.
3. https://www.nuedextahcp.com/sites/default/files/pdf/CNS_LS_Questionnaire.pdf.
4. Medi-Span.
5. http://www.fchp.org/providers/pharmacy/~/media/Files/FCHP/Imported/Nuedexta_dextromethorphan_quinidine.pdf.ashx.
6. https://www.avmed.org/documents/23406/81062/Dextromethorphan-Quinidine+(Nuedexta).pdf/d72c613e-9861-4bdd-8492-bc750ce4e107.

MEDICATION POLICY

Historical Tracking Of Changes Made To Policy	
1/16/2018	1. **Removed** "https://d1tpfj3hind0fx.cloudfront.net/Media/Documents/UMC/0116Nuedexta.pdf" **from References** (link no longer valid).